

TRAINING COURSE CATALOG

ACTS



Animal Control Training Services

www.aco-acts.com

info@aco-acts.com

913-515-0080

Revised October 2019

Animal Control Training Services

Welcome to Animal Control Training Services! Chances are, you've never heard of us until now. But you may recognize our names. Jeffrey Clemens and I have established a service to promote animal control training opportunities at the city, county and state level. With support from other professionals in the animal control field, ACTS is taking a no-nonsense approach to training ACO's. ACTS has long recognized the inherent risk and danger associated with the animal control profession. Officer safety is a priority when dealing with aggressive and dangerous behavior from both animals and humans. Our program is unique in that we offer real life, practical on-site training. ACTS training is specific to animal control officers focusing on officer safety and professional service at an affordable price.

ACTS brings the training to the agency, saving taxpayers hundreds of dollars in travel-related expenses. You can "build" a program based upon what you feel your agency or staff would most benefit from. Pick and choose the topics and the number of days for training. We are flexible in our offerings. Your agency can also purchase blocks of training for your staff - you can select the topics later. This is a simple way in which to annually budget for in-service training. Training blocks may be acquired in 8 hour increments.

Want to host some ACTS training? Each hosting agency receives 2 complimentary registrations for every 10 paid registrations. ACTS handles much of the work and we can promote the training to area agencies and provide registration forms. All we request from the hosting agency is the meeting space and audio/visual support.

Call us or e-mail – we're here to help with your training needs!

Thanks,

Jeffrey Clemens and John Mays



Frequently Asked Questions

How much does it cost to host a course?

Hosting a course costs nothing – zero. Unless you incur some expense for the training room or marketing the program at the local level, hosting a course will cost you and your agency nothing at all. The fee for the course, that you host, is generated from other registered students (as well as any staff members that you might register).

How many free registrations do I receive for hosting?

The hosting agency receives 2 complimentary registrations for every 10 paid.

What is the minimum number of students for a course?

Generally, we would like a minimum of 10 paid students in order for the hosting agency to earn their comps. However, the minimum number of students depends upon the course, its location, and how far we have to travel to reach your area.

What do you expect from us?

We ask that you assist us in promoting the course, which is basically making a few phone calls, sending e-mails, or sending faxes to neighboring agencies. ACTS will also promote the training to area agencies, via mailers and electronics means, and provide registration forms. We also ask that you assist us with the logistics. If a training room is required for the course, we ask that you help us secure the use of a room and the necessary a/v equipment. A recommendation of area hotels, to accommodate students who might require overnight accommodations, is also appreciated.

What does Animal Control Training Services provide?

ACTS will handle all of the class inquiries, registrations, invoicing and payments.

How much advance time is necessary to host a course?

We would like to offer as much advance notice to agencies as possible, but we need at a minimum of 8 weeks in order to plan and promote courses.

How do we get started?

Contact us at 913-515-0080 or info@aco-acts.com. If you have a course in mind or if you haven't decided yet, we can discuss your training needs, and the logistical requirements of the various courses. We can also review your staff's scheduling in order to allow as many employees as possible to attend the training.

In-House Training

In-house training allows your agency to have a “private” course for your staff only. The number of participants will be determined by you, so the minimum of students typically required for a course would not apply. Your agency would be responsible for the course fee, limited to a mutually-agreed upon number of participants. Both ACTS and your agency would agree on a set price for the training and ACTS would deliver the course for that cost. Our expenses would still be our responsibility. By offering in-house training, we can more easily customize a course to the specific needs of your agency.

Host Requirements

Meeting Space

The hosting agency would provide a meeting room which will accommodate a maximum number of students committed to the program. The meeting room should be set classroom style for at least 30 people. If available, a stand-up podium is also requested along with a table off to the side for equipment.

Audio/Visual Requirements

The following equipment would be needed in the meeting room by 7:30 am each day:

- A Projection Screen.
- A table for a laptop, along with electrical power, placed in the front of the meeting room.
- An LCD projector.
- Speakers for sounds, and wireless Internet access (if available).

How to Build Your Program

Your agency can “build” a program based upon what you feel your staff would most benefit from. Pick and choose the topics and the number of days for training. We are flexible in our offerings. You can also take advantage of our already “built” courses, which are described within this catalog. For the most part, the cost is \$125 per day, per student. Begin building your program by determining the duration of the training – decide on how long you want the program to be – 1, 2, 3, 4 or 5 days. Then fill those days with 4 and/or 8-hour blocks from the catalog. You may also combine smaller blocks (i.e.: 1 - 3 hours) in order to fill an 8-hour day.

ACTS Pre-Built Courses

Basic Animal Control Officer Certification

DESCRIPTION

The ACTS Basic Animal Control Officer Certification program is designed to prepare entry-level individuals with the rudimentary skills needed to become an Animal Control Officer. The course is comprised of 8 separate blocks of instruction to include: State Laws, County Ordinances and City Codes; Tactical/Interpersonal Communication; Officer Safety and Self Defense; Basic Animal Control Officer Investigations; Evidence Law and Collection; Courtroom Testimony and Report Writing; Safe Handling of Aggressive and Dangerous Dogs; and Safe Animal Handling/Capture and Restraint Equipment. The ACTS Basic Animal Control Officer Certification program has been carefully researched and offers the most current animal control-related information available.

Day 1

State Laws, County Ordinances and City Codes – 8 hours

Day 2

Tactical/Interpersonal Communication – 8 hours

Officer Safety and Self Defense – 8 hours

Day 3

Basic Animal Control Officer Investigations – 4 hours

Evidence Law and Collection – 2 hours

Courtroom Testimony and Report Writing – 2 hours

Day 4

Safe Handling of Aggressive and Dangerous Dogs – 4 hours

Safe Animal Handling/Capture and Restraint Equipment – 4 hours

COURSE FEE

The ACTS Basic Animal Control Officer Certification course costs just \$595 per student for the complete 4-day course. Hosting agencies receive 2 complimentary registrations for every 10 paid registrations.

ACO Protective Equipment Training Baton/Bitestick (certification)

DESCRIPTION

For many departments the Bitestick/Baton is the highest use of force option available for an Animal Control Officer to protect themselves and the public against an attack from vicious and dangerous dogs. Our ACO Protective Equipment Training is unique in that it is specific to the daily work performed by Animal Control Officers. Our programs address the safety considerations from both the human and animal perspective. The ASP™ Basic Certification program is a hands-on seminar. The course will familiarize the Animal Control Officer with the practical use of the friction-lock and lever-lock baton. The training and instruction will cover the following topics: Safety; Legal Concepts; Use of Force Options; Documentation; Portation (mode of carry); and Practical Use and Retention of the ASP™ baton.

DURATION

This is an 8-hour course. 10-minute breaks each hour, 1-hour lunch break when applicable (lunch on your own).

COURSE FEE

\$150.00 per student; discounted pricing available when combined with other ACTS training modules. Class is limited to 20 participants.

CLASS INFORMATION

All certification materials and any necessary equipment will be provided. Upon successful completion of this class, the student will be issued an ASP™ certificate of completion. Dress is casual, appropriate footwear is required (no flip-flops, sandals).

ACO Protective Equipment Training Chemical Immobilization Certification

DESCRIPTION

Chemical Immobilization offers an alternative to the use of lethal force in response to animals that represent a danger to the public. This 8-hour course will certify officers to chemically immobilize commonly-encountered animals, such as dogs, wildlife, exotics and agriculture animals. Humane techniques and methods, drugs and delivery devices, and deployment protocol (what qualifies an animal for chemical immobilization) will be discussed. This course includes both classroom and practical training.

DURATION

This is an 8-hour course. 10-minute breaks each hour, 1-hour lunch break when applicable (lunch on your own).

COURSE FEE

\$150.00 per student; discounted pricing available when combined with other ACTS training modules. Class is limited to 20 participants.

CLASS INFORMATION

All learning materials and any necessary equipment will be provided. Upon successful completion of this class, the student will be issued an ACTS certificate of completion. Dress is casual, appropriate footwear is required (no flip-flops, sandals).

ACO Protective Equipment Training Handcuffs – Arrest and Control Certification

DESCRIPTION

ACTS offers a 4-hour ASP™ basic tactical handcuff certification program. Many ACO's and Humane Officers are authorized to exercise the powers of arrest within the course and scope of their employment. For agencies that are not designated with arrest powers, it is still vital that ACO's be familiar with the basic fundamentals of handcuffing procedures especially if assisting other law enforcement agencies during illegal animal fighting raids or investigations.

DURATION

This is a 4-hour course. 10-minute breaks each hour, 1-hour lunch break when applicable (lunch on your own).

COURSE FEE

\$100.00 per student; discounted pricing available when combined with other ACTS training modules. Class is limited to 20 participants.

CLASS INFORMATION

All certification materials and any necessary equipment will be provided. Upon successful completion of this class, the student will be issued an ASP™ certificate of completion. Dress is casual, appropriate footwear is required (no flip-flops, sandals).

ACO Protective Equipment Training Pepper Spray Certification

DESCRIPTION

Pepper spray is one of the most widely used, non-lethal self-defense options available to protect Animal Control Officers around the world. When used properly, pepper spray, also referred to as O.C. spray (Oleoresin Capsicum) is extremely effective on both humans and animals to prevent being assaulted or attacked. Proper training is required to use pepper spray effectively. The ACTS Pepper Spray course is a certification course that provides instruction and training in the following areas:

- Introduction to Pepper Spray and LE Chemical Agents
- The Use of Force/Compliance Options
- Deployment Scenarios, Methods and Tactics
- O.C. Effectiveness
- Human and Animal Decontamination Procedures

DURATION

This is a 4-hour course. 10-minute breaks each hour, 1-hour lunch break when applicable (lunch on your own).

COURSE FEE

\$100.00 per student; discounted pricing available when combined with other ACTS training modules. Class is limited to 20 participants. Student exposure to O.C. is not required.

CLASS INFORMATION

All certification materials and any necessary equipment will be provided. Upon successful completion of this class, the student will be issued an ACTS certificate of completion. Dress is casual, appropriate footwear is required (no flip-flops, sandals).

ACO Protective Equipment Training Safe Animal Handling/Capture and Restraint Equipment

DESCRIPTION

Every day is a different day for an ACO. One of the most unique aspects of the ACO position is that of working with the wide variety of animal species and situations. Safe animal capture and handling is extremely important in order to protect the safety of the officer, the public and the animal. ACTS offers a 4-hour block of instruction that covers the skills and equipment that are necessary when dealing with domestic animals, wildlife, exotics and livestock. This practical course focuses on the animal species commonly handled by ACO's, injury prevention, dangers and risks, capture and restraint methods, equipment, safe loading and transportation.

DURATION

This is a 4-hour course. 10-minute breaks each hour, 1-hour lunch break when applicable (lunch on your own).

COURSE FEE

\$100.00 per student; discounted pricing available when combined with other ACTS training modules. Class is limited to 40 participants.

CLASS INFORMATION

All learning materials and any necessary equipment will be provided. Upon successful completion of this class, the student will be issued an ACTS certificate of completion. Dress is casual.

ACO Field Safety – Control Tactics Officer Safety and Self-Defense

DESCRIPTION

Whether you work in an urban or rural setting, or both, Animal Control Officers are exposed to situations that can be potentially dangerous concerning officer safety. Most ACO's don't have the luxury of working with a partner. ACO's typically work alone and are assigned to varying shifts and stand-by. Requests for back-up from fellow officers or other law enforcement agencies can often be delayed or not immediately available, placing the ACO at greater risk. The ACO Field Safety course is an 8-hour program designed to promote officer safety through danger recognition and prevention techniques. The classroom portion covers the areas of situational awareness, contact considerations, threat assessment, use of force options and legal concepts. The hands-on practical portion covers control and defense tactics, use of personal body weapons, position of interview and self-defense, footwork and physical body dynamics. Both sections provide real-life scenarios and field service application!

DURATION

This is an 8-hour course. 10-minute breaks each hour, 1-hour lunch break when applicable (lunch on your own).

COURSE FEE

\$125.00 per student; discounted pricing available when combined with other ACTS training modules. Class is limited to 40 participants.

CLASS INFORMATION

All learning materials and any necessary equipment will be provided. Upon successful completion of this class, the student will be issued an ACTS certificate of completion. Dress is casual.

ACO Field Safety – Control Tactics Safe Handling of Aggressive and Dangerous Dogs

DESCRIPTION

Potentially dangerous and vicious dogs have become a serious and widespread threat to the safety and welfare of citizens within the United States and throughout the world. They not only pose a threat to humans, but to domestic animals as well. Many of these attacks by dogs have resulted in persons being seriously injured and in some cases causing human fatalities. When responding to in-progress calls or conducting follow up investigations of dangerous and vicious dog activity, proper training and education is paramount for the Animal Control Officer. ACTS has developed a comprehensive course specifically for Animal Control Officers relating to the safe response, handling and capture of dangerous and vicious dogs. Participants will gain a working knowledge of dog breed history and aggression, stimulus response and critical distance, behavior drives and instincts, dog characteristics and body language, safety equipment and handling considerations.

DURATION

This is a 4-hour course. 10-minute breaks each hour, 1-hour lunch break when applicable (lunch on your own).

COURSE FEE

\$100.00 per student; discounted pricing available when combined with other ACTS training modules. Class is limited to 40 participants.

CLASS INFORMATION

All learning materials and any necessary equipment will be provided. Upon successful completion of this class, the student will be issued an ACTS certificate of completion. Dress is casual.

ACO Field Safety – Control Tactics Tactical/Interpersonal Communication

DESCRIPTION

What is the goal of an Animal Control Officer during a contact? Answer: “generate voluntary compliance”. The ability to communicate effectively is vital for the ACO. Professional presence and verbal skills are the first two elements presented when communicating with the public. The tactical communications course is specifically designed for the work of an ACO when dealing with stressful and emotional situations. The training provides a structured dialogue that can be used toward conflict resolution, enforcement and education, diffusing hostile situations and achieving a positive outcome. The course focuses on a win-win dynamic resulting in professional service, positive public relations, reducing liability and enhancing officer safety.

DURATION

The course is offered in a 4-hour or 8-hour block. 10-minute breaks each hour, 1-hour lunch break when applicable (lunch on your own).

COURSE FEE

\$100.00 per student for a 4-hour block; \$125.00 per student for an 8-hour block; discounted pricing available when combined with other ACTS training modules. Class is limited to 40 participants.

CLASS INFORMATION

All learning materials and any necessary equipment will be provided. Upon successful completion of this class, the student will be issued an ACTS certificate of completion. Dress is casual.

Animal Control Laws and Enforcement Basic Animal Control Officer Investigations

DESCRIPTION

This course will detail the role of the Animal Control Officer in performing investigations and to identify the common types of investigations and variations between them. Participants will become familiar with scene assessment and the common tools and resources used in investigation procedures and case development. Complaint procedures, interview techniques and the types of forms and reports used for documentation will also be explained.

DURATION

This is a 4-hour course. 10-minute breaks each hour, 1-hour lunch break when applicable (lunch on your own).

COURSE FEE

\$100.00 per student; discounted pricing available when combined with other ACTS training modules. Class is limited to 40 participants.

CLASS INFORMATION

All learning materials and any necessary equipment will be provided. Upon successful completion of this class, the student will be issued an ACTS certificate of completion. Dress is casual.

Animal Control Laws and Enforcement California Animal Control Regulations

DESCRIPTION

This course offers an examination of codes and statutes that are commonly used by Animal Control Officers within the state of California. Information includes a review of restraint/leash requirements, animal waste, rabies area licensing and vaccinations, animal licenses, livestock-keeping restrictions, lawful fences, dogs and livestock, crimes against animals, neglect of animals, impoundment, permitting animals to go without care, willful abandonment of animals, dog tethering, animals kept in vehicles, limit laws, spay/neuter requirements, and many more.

DURATION

This is an 8-hour course. 10-minute breaks each hour, 1-hour lunch break when applicable (lunch on your own).

COURSE FEE

\$125.00 per student; discounted pricing available when combined with other ACTS training modules. Class is limited to 40 participants.

CLASS INFORMATION

All learning materials and any necessary equipment will be provided. Upon successful completion of this class, the student will be issued an ACTS certificate of completion. Dress is casual.

Animal Control Laws and Enforcement Citations, Dangerous and Vicious Declarations

DESCRIPTION

Animal Control departments are responsible for the enforcement of city and county ordinances and state laws pertaining to animals, primarily domestic. These include licensing and vaccination requirements as well as stray animal, dangerous/vicious, and nuisance provisions. Enforcement and education continue to be most effective tools available to ACO's. This course covers department liability, investigations, discretionary decision-making factors, mitigating circumstances, constitutional due process requirements and hearings, as well as the determination and disposition of dangerous animals and vicious dogs.

DURATION

This is a 4-hour course. 10-minute breaks each hour, 1-hour lunch break when applicable (lunch on your own).

COURSE FEE

\$100.00 per student; discounted pricing available when combined with other ACTS training modules. Class is limited to 40 participants.

CLASS INFORMATION

All learning materials and any necessary equipment will be provided. Upon successful completion of this class, the student will be issued an ACTS certificate of completion. Dress is casual.

Animal Control Laws and Enforcement Courtroom Testimony and Report Writing

DESCRIPTION

When should court preparation start? What should be done on the day of court? This block of instruction will focus on courtroom preparation and testimony from the initial call until the court date, to include: When/Why you should seek out your prosecutor before court; Important things that should be done during your testimony; Recognizing defense tactics and how to avoid them; and courtroom professionalism and dress standards/appearance. This course also includes instruction on how to write fact-based, unbiased, clear, grammatical reports as a record of the event and a tool for prosecution.

DURATION

This is a 4-hour course. 10-minute breaks each hour, 1-hour lunch break when applicable (lunch on your own).

COURSE FEE

\$100.00 per student; discounted pricing available when combined with other ACTS training modules. Class is limited to 40 participants.

CLASS INFORMATION

All learning materials and any necessary equipment will be provided. Upon successful completion of this class, the student will be issued an ACTS certificate of completion. Dress is casual.

Animal Control Laws and Enforcement Evidence Law and Collection

DESCRIPTION

Animal Control Officers must know the criteria for lawfully obtaining, preserving and admitting evidence to ensure evidence is identified, collected and presented in a legal manner that will be accepted in court. This block of instruction focuses on identifying the lawful process and rules governing the admission and exclusion of evidence as it relates to Animal Control criminal trials. The course will cover in detail the definition and rules of evidence, admissible types of evidence, purpose and relevancy of evidence, constitutional rights and search and seizure considerations. ACO's will also learn the basic methods and equipment that are used in the field to collect and preserve Animal Control-related evidence.

DURATION

This is a 4-hour course. 10-minute breaks each hour, 1-hour lunch break when applicable (lunch on your own).

COURSE FEE

\$100.00 per student; discounted pricing available when combined with other ACTS training modules. Class is limited to 40 participants.

CLASS INFORMATION

All learning materials and any necessary equipment will be provided. Upon successful completion of this class, the student will be issued an ACTS certificate of completion. Dress is casual.

Animal Control Laws and Enforcement Illegal Animal Fighting

DESCRIPTION

The illegal animal fighting workshop addresses both dog fighting and cockfighting activity. The course covers officer safety considerations, the history of animal fighting, applicable state and federal laws, search warrants and warrantless entries, investigation techniques, evidence collection and impoundment of animals, agency and task force coordination for successful case prosecution.

DURATION

This is an 8-hour course. 10-minute breaks each hour, 1-hour lunch break when applicable (lunch on your own).

COURSE FEE

\$125.00 per student; discounted pricing available when combined with other ACTS training modules. Class is limited to 40 participants.

CLASS INFORMATION

All learning materials and any necessary equipment will be provided. Upon successful completion of this class, the student will be issued an ACTS certificate of completion. Dress is casual.

Animal Control Laws and Enforcement Interview and Investigation Techniques

DESCRIPTION

Whether an ACO is conducting an animal bite incident, animal abuse or neglect case, or a simple dog-at-large violation, gathering the proper information is critical for a successful investigation. This training module will provide knowledge in how to conduct interviews and investigations specific to Animal Control, and how to lawfully obtain admissions and confessions. The course focuses on rapport building, communication skills, Miranda rights, common human behaviors, deception and denial traits, verbal responses and body language.

DURATION

This is a 4-hour course. 10-minute breaks each hour, 1-hour lunch break when applicable (lunch on your own).

COURSE FEE

\$100.00 per student; discounted pricing available when combined with other ACTS training modules. Class is limited to 40 participants.

CLASS INFORMATION

All learning materials and any necessary equipment will be provided. Upon successful completion of this class, the student will be issued an ACTS certificate of completion. Dress is casual.

Animal Control Laws and Enforcement Investigative Techniques for Cruelty and Neglect Complaints

DESCRIPTION

Students in this course will learn techniques to improve ability to investigate and prepare cases regarding cruelty and neglect situations encountered in the field. Students will learn how to determine a valid complaint, determining how situation fits elements of the law, how to identify a potential crime scene, how to secure it to avoid contamination, Tufts Animal Care and Condition (TACC)/Purina Assessment Scaling, identifying exigent circumstances, importance of narrative reports, veterinary examinations, scene documentation, and preparing case files and suggested possible charges for the prosecutor. Students will also learn how to differentiate between a situation that is correctable with education and when situations require enforcement action. Students will learn via lecture, classroom discussion and exercises.

DURATION

This is an 8-hour course. 10-minute breaks each hour, 1-hour lunch break when applicable (lunch on your own).

COURSE FEE

\$125.00 per student; discounted pricing available when combined with other ACTS training modules. Class is limited to 40 participants.

CLASS INFORMATION

All learning materials and any necessary equipment will be provided. Upon successful completion of this class, the student will be issued an ACTS certificate of completion. Dress is casual.

Animal Control Laws and Enforcement State Laws, County Ordinances and City Codes

DESCRIPTION

This training provides the foundation for successful animal control programs. The course is designed to establish a working knowledge and understanding of the specific laws relating to animal control and field services. ACO's will be better prepared to interpret, apply and enforce the provisions of their department. The topics include, animal control laws, crimes against animals, public nuisances, citation and arrest authority, crime classification and punishment, investigation procedures and techniques, and prohibited conduct. The course will help clarify and define the role and authority of an ACO within the course and scope of their employment.

DURATION

This is an 8-hour course. 10-minute breaks each hour, 1-hour lunch break when applicable (lunch on your own).

COURSE FEE

\$125.00 per student; discounted pricing available when combined with other ACTS training modules. Class is limited to 40 participants.

CLASS INFORMATION

All learning materials and any necessary equipment will be provided. Upon successful completion of this class, the student will be issued an ACTS certificate of completion. Dress is casual.

ACO Field Training and Evaluation Field Training Officer Certification

DESCRIPTION

This “Train the Trainer” course will provide participants with the skills and knowledge required of a Field Training Officer. The course will cover the objectives of an FTO program, the FTO as leader and role model, and FTO ethical issues. Specifically, the course will equip FTO’s with the knowledge and ability to provide supervision, evaluation and training for recruits during their field training and evaluation program. The course is designed to apply adult learning concepts, instructional and training techniques to promote and develop a recruit’s knowledge of an ACO’s duties, responsibilities and skills. The course includes a 3-month Field Training Manual. The Field Training and Evaluation Program is an educational process that provides recruits with the proper material and guidelines to perform competently as an Animal Control Officer. It includes standardized evaluation and remedial training forms used for documenting and recommending retention or rejection.

DURATION

This is a 16-hour course. 10-minute breaks each hour, 1-hour lunch break each day (lunch on your own).

COURSE FEE

\$250.00 per student; discounted pricing available when combined with other ACTS training modules. Class is limited to 20 participants.

CLASS INFORMATION

All learning materials and any necessary equipment will be provided. Upon successful completion of this class, the student will be issued an ACTS certificate of completion. Dress is casual.

ACO Field Training and Evaluation Firearms Training/Field Euthanasia

DESCRIPTION

For many animal control departments field euthanasia of sick and injured wildlife is a requirement of the job. ACO's must be properly trained to dispatch animals in a safe and humane manner. This course focuses on the safe care and handling of firearms, use of proper ammunition, shot placement and safety considerations when dispatching animals in the field. The Firearms Training/Field Euthanasia course is unique in that it is specifically designed for Animal Control Officers. (Note: This is a non-shooting course – classroom instruction only.)

DURATION

This is a 4-hour course. 10-minute breaks each hour, 1-hour lunch break when applicable (lunch on your own).

COURSE FEE

\$100.00 per student; discounted pricing available when combined with other ACTS training modules. Class is limited to 40 participants.

CLASS INFORMATION

All learning materials and any necessary equipment will be provided. Upon successful completion of this class, the student will be issued an ACTS certificate of completion. Dress is casual.

ACO Field Training and Evaluation Fitness and Nutrition/Stress Management

DESCRIPTION

Stress, physical inactivity and poor nutrition: add the three together and you have the leading causes of health problems facing America today! Unfortunately, these three concepts are all too common within the animal control profession. By the very nature of the job, ACO's typically endure heavy call loads, neglecting the proper amount of physical exercise, nutrition and stress relief they need to prevent personal injury or illness. ACTS offers the Fitness and Nutrition/Stress Management class to help ACO's reduce, prevent and cope with stress and its harmful effects. In addition, ACO's will be able to apply the proper methods for evaluating and managing their physical fitness for a healthy lifestyle in order to protect their personal health and ensure their ability to perform their ACO duties.

DURATION

This is a 4-hour course. 10-minute breaks each hour, 1-hour lunch break when applicable (lunch on your own).

COURSE FEE

\$100.00 per student; discounted pricing available when combined with other ACTS training modules. Class is limited to 40 participants.

CLASS INFORMATION

All learning materials and any necessary equipment will be provided. Upon successful completion of this class, the student will be issued an ACTS certificate of completion. Dress is casual.